

Today:

1. Review Yesterday
2. **IELTS Part 1**: Answer Structure (Adding)
3. **IELTS Part 1**: Answer Structure (Explaining)

...

REVIEW:

Format:



Structure:

Filler	Idea 1	Add Conjunction	Idea 2	Add conjunction	Idea 3
Well To be honest Actually In my view Etc.	1	in addition additionally plus and also (SHORT)	2	<u>and</u> as well as that and on top of that and along with that and together with that and not only that (LONGER)	3

write down vocabulary
that you can use today...

prepare

TOPIC: Health & lifestyle

regularly

happy



This is a very common IELTS Part 1 topic...

ADDING

IELTS Part 1:

What are some healthy foods that you like to eat?

What kind of exercise activities do you enjoy?

What are some nice ways to relax after a stressful day?

*Do lots of people smoke in your country?** - it does not work! We need to **EXPLAIN**

Fillers	Idea 1	Add conjunction	Idea 2	Add conjunction	Idea 3
Well To be honest Actually In my view Okay I guess For me I think I believe In my opinion	1 walking or...	and in addition additionally plus and also and along with that	2 pilates	and as well as that and on top of that and along with that and together with that and not only that plus	3 mindfulness activities

Level 7

Tomorrow... we continue this structure so please review (change topic: **family**)


to tell the reason why

EXPLAINING

Why is being overweight a problem for children?

*What are some of the dangers of dieting?**

Is drinking a lot of water healthy? Why?

Filler	Idea 1	EXPLAINING conjunction	Idea 2	ADDING conjunction	Idea 3
Well To be honest Actually In my view Okay I guess For me I think I believe In my opinion	1 being overweight is a problem Paraphrase: Being overweight affects your whole life	because due to fact that and the reason is and the main reason is for the reason that because of the fact that	2. health	and on top of that and along with that and together with that and as well as that	3. unhappy Psychiatric / mental / psychological problems
	Extending:  • Examples: For example, For instance, Like Such as		Extending: diabetes • Examples: For example, For instance, Like Such as		Extending: bullying / body image • Examples: For example, For instance, Like Such as

Tomorrow... we continue this structure so please review (change topic: family)

